# ABDALRHMAN AMJAD AHMAD MUSA

## Arabic Chef

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## PROFESSIONAL SUMMARY

Dedicated and professionally trained Culinary Arts graduate with 3 years of hands-on experience specializing in authentic Arabic cuisine. Highly skilled in large-scale food preparation, meticulous station organization, and strict adherence to food safety and hygiene standards. Proven ability to execute high-volume orders efficiently while maintaining consistent quality and working collaboratively within fast-paced kitchen teams under pressure.

## WORK EXPERIENCE

**Arabic Cook** • Abu Al-Ezz Restaurant — 2023 – Present

*Amman, Jordan*

- Spearheaded the preparation and cooking of authentic traditional Arabic meals, including specialty rice dishes, chicken, and meat platters for over 200+ daily patrons.
- Managed daily kitchen mise en place, systematically organizing raw ingredients and food items to optimize kitchen workflow during peak service hours.
- Ensured rigorous compliance with health, safety, and hygiene standards, properly handling, labeling, and storing all food ingredients to eliminate cross-contamination.
- Collaborated seamlessly with kitchen brigade members to streamline daily cooking operations and maintain consistent food quality and portion control.
- Executed high-pressure service periods efficiently, adhering strictly to established restaurant recipes and minimizing food waste by 12%.

## EDUCATION

**Culinary Arts Diploma** • Arab University College of Technology — 2023

*Amman, Jordan*

2 Years Program

## CORE SKILLS & EXPERTISE

**Culinary & Kitchen Expertise:** Arabic Cuisine • Traditional Meal Preparation • Meat & Poultry Cookery • Rice Dish Specialization • Mise en Place • Portion Control • Recipe Execution • Kitchen Operations

**Food Safety & Quality Control:** Food Hygiene & Sanitation • HACCP Standards • Safe Food Handling & Storage • Quality Assurance • Kitchen Cleanliness Maintenance

**Soft Skills & Competencies:** Teamwork • Time Management • Working Under Pressure • Communication Skills • Responsibility • Adaptability • Commitment • High-Volume Service Efficiency

## LANGUAGES

**Arabic** (Native) • **English** (Intermediate)